Is There a Solution to Students Multitasking in Class?

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Is There a Solution to Students Multitasking in Class?

By Maryellen Weimer
Editor of The Teaching Professor

“Digital natives”

Grown up with technology
Popular belief: Cognitive capacities have changed

Digital natives say they can:
- Text and talk
- Text and drive
- Listen to music and study
- Check Facebook and write a paper
- Use technology in class for reasons not related to class content
Students can't multitask when they're trying to learn.

Learning isn't like a lot of other activities.

Learning requires sophisticated mental processing.

Think of human processing as having two separate channels:
- Auditory/verbal
- Visual/pictorial

- Both organize information
- Only separate in the beginning
- Each must be integrated into:
  - What needs immediate action
  - What needs to be stored in memory

Clayson and Haley
Each channel has limited capacity. Learning requires a lot of cognitive processing in both channels.

Evidence that learning tasks suffer

Research is impressive
When student multitask in class or while studying, their grades go down.
In some cases a full letter grade lower.

Kuznekoff and Titsworth

Students think they can multitask

94% say they receive texts in class
86% say they send texts in class
56% say their instructor banned texting
49% say they texted anyway

Clayson and Haley
47% say they could follow a lecture and text.
47% say texting during class did not influence their grades.
32% say they can text without the instructor knowing.
>50% know texting makes it hard to follow a lecture.
>50% know it affects their grades.
61% say they didn’t think they should text during class.

How do you get students to stop?
Is there a solution that works?

1. Forbid it. Have a policy & enforce it.
   - Difficult to enforce without constant surveillance.
   - Vigilant enforcement has costs.

   If teacher monitors, it distracts teacher as much as technology distracts students.
2. Use technology for course-related purposes
   - Challenge students to use devices to find answers
   - Use cell phones like clickers
   - Have a class Twitter feed
   - Look at online resources

2. Use technology for course-related purposes
   - This is a partial solution
   - Will students do what their teacher asked?
   - You may create multitasking compromises when you ask students to look at a website.

3. Let students decide
   - Make problems with multitasking known.
   - Confront students with the evidence.
     Let them discover it with an activity.
     Have students trade notes
     Are the main points in the notes?
On “making” students stop using devices

- Think about the climate for learning in that course.
- Students need to decide for themselves after considering the consequences.
  What tech. behaviors get in the way of learning? Help them make the right decision.

Some behaviors may impact other students

- Use a quick anonymous survey to identify distracting behaviors.
- Agree as a class to avoid behavior that others find distracting.

Code of conduct for the classroom

Learning is a special activity – interesting and sometimes life-changing.

- It merits our full, undivided attention.
- "Lids down, hands up" rule for difficult problem or important concept.
Conclusion

This is a problem without a perfect solution.
- Consider these options.
- Talk with colleagues and students.
- Use devices as aids only when they support the learning task – not other tasks.

Thank you!
Tell us what you think:
https://www.surveymonkey.com/s/multitask